



BREATHING ROOM

with bec

RECLAIM YOUR SPACE & SIMPLIFY, ONE ROOM AT A TIME

RESIDENTIAL DEEP CLEANING

KITCHEN:

APPLIANCES

- ☐ Clean inside and outside of the refrigerator, oven, microwave, and dishwasher.
- ☐ Remove and clean stove burners, drip pans, and knobs.

CABINETS AND DRAWERS

- ☐ Empty and clean the inside of cabinets and drawers.
- ☐ Wipe down cabinet doors and handles.

COUNTERTOPS AND BACKSPLASH

- ☐ Wipe down and sanitize countertops.
- ☐ Clean tile or backsplash.

SINK AND FAUCETS

- ☐ Clean and sanitize the sink.
- ☐ Polish and shine faucets

FLOOR CLEANING

- ☐ Vacuum, then mop the floor.
- ☐ Clean baseboards

BATHROOMS:

SHOWER AND TUB

- ☐ Thoroughly scrub and sanitize shower tiles, grout, and tub surfaces.
- ☐ Remove soap scum, mineral deposits, and build-up.

DRAIN CLEANING AND MAINTENANCE

- ☐ Inspect and clean the shower and tub drains.
- ☐ Clear any debris, hair, or mineral build-up that may impede proper drainage.
- ☐ Utilize specialized tools to ensure optimal water flow and prevent potential drainage issues.

SHOWERHEAD AND FAUCETS

- ☐ Clean showerheads for improved water flow.
- ☐ Polish and sanitize faucets and handles to restore their shine.

GLASS ENCLOSURES

- ☐ Clean and polish glass shower enclosures to achieve a crystal-clear finish.
- ☐ Remove water spots and stains for a pristine appearance.

FIXTURES AND HARDWARE

- ☐ Wipe down and sanitize all fixtures and hardware, including towel bars and hooks
- ☐ Polish metal surfaces for a professional and gleaming look

VENTILATION SYSTEM

- ☐ Inspect and clean ventilation fans to ensure proper functionality.
- ☐ Remove dust and debris for improved air quality.



BEDROOMS

BED LINENS AND MATTRESSES

- ☐ Professionally change and replace bed linens.
- ☐ Vacuum and clean mattresses to remove dust, allergens, and surface debris.

FURNITURE AND SURFACES

- ☐ Dust and clean all bedroom furniture surfaces.
- ☐ Polish wooden furniture to restore its natural shine.

CLOSET ORGANIZATION

- ☐ Thoroughly declutter and organize closets.
- ☐ Wipe down closet shelves and surfaces.

WINDOWS AND WINDOW COVERINGS

- ☐ Professionally clean windows inside and out for a streak-free finish.
- ☐ Wash or vacuum curtains and blinds to eliminate dust and allergens.

FLOOR CLEANING

- ☐ Vacuum carpets or clean floors based on the flooring type.
- ☐ Mop hard floors for a polished and sanitized surface.

ELECTRONIC DEVICES

- ☐ Dust and clean electronic devices, including televisions and computers.
- ☐ Wipe down surfaces to remove fingerprints and smudges.

LIGHT FIXTURES AND CEILING FANS

- ☐ Professionally dust and clean light fixtures.
- ☐ Clean and dust ceiling fans for optimal performance.

ARTWORK AND DECOR

- ☐ Gently dust and clean artwork and decorative items.
- ☐ Rearrange or fluff pillows for an aesthetically pleasing look.

AIR QUALITY ENHANCEMENT

- ☐ Vacuum and clean air vents to improve air circulation.
- ☐ Change air purifier filters if applicable.



BEDROOMS (CONT'D)

UNDER-BED CLEANING

- ☐ Thoroughly clean and vacuum under the bed to remove hidden dust and debris.
- ☐ Inspect for any items that may have fallen beneath the bed.

BASEBOARDS AND MOLDINGS

- ☐ Wipe down and clean baseboards and moldings for a finished appearance.
- ☐ Remove any dust or cobwebs along these surfaces.

MIRROR AND GLASS CLEANING

- ☐ Clean bedroom mirrors and glass surfaces for a crystal-clear reflection.
- ☐ Polish any glass or mirrored furniture for a pristine finish.

FRAGRANCE ENHANCEMENT

- ☐ Introduce a light and refreshing fragrance to enhance the overall ambiance.
- ☐ Use air fresheners or essential oils for a pleasing scent.

ADDITIONAL SERVICES:

- ☐ Assist with organizing and decluttering specific areas or rooms within the home.
- ☐ Sanitize pet-related areas such as feeding stations and litter boxes. Organize and
- ☐ clean garage spaces, including sweeping and decluttering.

